

Found
SATB div., a cappella
JH - GRL38

A. K. Carroll

pdf - \$1.95
printed - \$3.75

Found

A. K. Carroll

for SATB div. choir a cappella



COMPOSE
LIKE A GIRL

Illustration: KT Thompson

jh music

Text:

Today I wander all alone
so far away from what I know
These battles rage inside my head
I tire from this road I tread
As light grows dim and darkness falls
broke down and weary from it all
About to give up hope but then
you find me and I'm home again
Resting sheltered in your arms
here shall I be safe and warm
Take me to the other side
where hope and love reside
How to search for what was lost?
How to pay the highest cost?
How to die for? How to rise for?
How to live for and fall for?
Lift me higher than I know how to be
Teach me to sing a new song
Open my eyes to the light
and tell me everything's alright
Worry not beloved child
Though the world careless and mild
when you're wondering how to fly
in your heart the answer lies
By my suffering I am crowned
Through the darkness I am found

- A.K. Carroll

Dear conductor,

You can support these composers, diversify your concerts, and push towards equality by programming music from the #ComposeLikeAGirl series. Inviting the composer into the rehearsal process through a zoom or in-person workshop or Q & A session is an incredible experience for all involved. Be sure to notify and invite the composer to any performances of the work, and submit a PDF of the concert program to JH Music to ensure the composer receives performances royalties from ASCAP. Thank you!

~ Jocelyn Hagen

From the Composer:

I have always felt at home when singing in a choir. Regardless of what was going on in my life outside of rehearsals, singing with others has had a way of bringing me back to myself. I truly cherish this feeling, and I believe that it is one shared by many who sing in community. I began writing "Found" with this idea in mind; that a choir can bring people together in spite of the darkness that we so often encounter in our world.

As I continued writing, I realized that this feeling was about more than just choir. We are wired to seek belonging, and this instinct impacts many areas of our lives. Everyone has bad days, bad weeks, even bad months or years. At times, it may feel as though the difficulties we face are reflective of our personal worth. When you're surrounded by darkness, it becomes easy to mistake the problems presented by your circumstances with problems stemming from the person you are. We all find ourselves in this place from time to time, and we often need reminding of how worthy we are of goodness and love.

"Found" is about more than just music. We all have something that we find ourselves in—perhaps in hobbies, religion, activities, people, or simply the truths we hold in our own hearts. The ambiguity of the text leaves room for the listener to find themselves in the music. No matter what darkness you face, it is never too late for you to find yourself again.

Special thanks:

For their mentorship and support: Paige Armstrong, Michael Bartunek, Brandon Berger, Brian Brummel, Dr. Brooke Joyce, Joseph Osowski, and Adam Sroka.

For their voices and musicianship: Micah Anderson, Nate Benish, Ava Cunningham, Elizabeth Guy, David Hinderaker, Rowan Jordahl, Quinn Kruckman, Mira Melander, Ashlyn Meyer, Luke Orton, Max Sampson, Brynne Stefan, Logan Strom, Austyn Riehle, Julia Weigle, and the STMA Concert Choir.

- A. K. Carroll



A. K. Carroll is a current undergraduate student studying music and psychology at Luther College in Decorah, IA. A pianist from a young age, Abigail most enjoys making music in ensemble settings. She participated in band, choir, jazz band, and chamber singing groups throughout high school, and especially enjoyed touring with the STMA Concert Choir. Abigail now sings in the Luther College Nordic Choir, and recently fell in love with playing the organ. When she's not making music, Abigail can be found reading a good book, hiking outdoors, spending time with loved ones, or playing with her dogs, George and Charlie.

In honor of all who have ever felt lost—for it is only through darkness that one's light is truly found.

Found

SATB div. choir a cappella

Words and music by
A. K. Carroll

Do not photocopy.
For perusal only.

Slowly ♩ = 64 *Gently* ♩ = 80

p *mp* *p* *mp* *p* *p* *mp*

Soprano
Ooh To - day I wan - der all a - lone so

Alto
Ooh To - day I wan - der all a - lone so

Tenor
Ooh Ooh

Bass
Ooh Ooh

Piano
p *mp*

for rehearsal only

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jh music

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Check out the Compose Like A Girl Podcast! Listen to Jocelyn Hagen interview incredible female-identifying composers about their process, finding artistic truth, and leading with curiosity. These inspirational interviews are completed by excellent recordings.



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S far a - way from what I know These bat - tles rage in - side my head I

A far a way from what I know These bat - tles rage in - side my head I

T Ooh

B Ooh

joceelyn chagen

11

S tire from this road I tread As light grows dim and dark - ness falls broke

A tire from this road I tread As light grows dim and dark - ness falls broke

T As light grows dim and dark - ness falls broke

B As light grows dim and dark - ness falls broke

mp

15

S down and wea - ry from it all, a - bout to give up hope but then You

A down and wea - ry from it all, a - bout to give up hope but then You

T down and wea - ry from it all, a - bout to give up hope but then You

B down and wea - ry from it all, a - bout to give up hope but then You

joceelyn chagen

19

S find me and I'm home a - gain Rest - ing shel - tered in your arms here shall

A find me and I'm home a - gain Rest - ing shel - tered in your arms here shall

T find me and I'm home a - gain Rest - ing shel - tered In your arms shall

B find me and I'm home a - gain Ooh

23

S I be safe and warm Take me to the oth - er side where hope and love re -

A I be safe and warm Take me to the oth - er side where hope and love re -

T I be safe and warm the side where hope and love re -

B I will be safe and warm the side where hope re -

28

S1 *mp* side *mf* How to search for what was lost How to pay the high - est cost How to

S2 *mp* side *mf* How to search for what was lost How to pay the high - est

A *mp* side *mf* Search for pay for cry for love more

T *mp* side *mf* How to search for what was lost How to pay the high - est cost How to

B *mp* side *mf* Search for pay for cry for love more

33

S1 die for How to rise for How to live for and fall for

S2 cost, How to rise for How to live for and fall for

A die for rise for live for and fall for

T die for How to rise for and live for and fall for

B die for rise for and live for and fall for

For perusal only.

rit......*Broadly* ♩ = 70

37

S *sub. mp* Ah Lift me high - er than I know how to be *f*

A *sub. mp* Ah Lift me high - er than I know how to be *f*

T *sub. mp* Ah Lift me high - er than I know how to be *f*

B Ah Lift me high - er than I know how to be

For perusal only.

42

mf *f* Found

S Teach me to sing a new song O - pen my eyes to the light

A Teach me to sing a new song O - pen my eyes to the light, tell me

T Teach me to sing a new song O - pen my eyes and tell me

B Teach me to sing a new song O - pen my eyes and tell me

mf *f*

rit. *a tempo* ♩ = 72

45

ff *p* *mp*

S ev' - ry - thing's al - right Ooh

A ev' - ry - thing's al - right al - - right Wor - ry not be - lov - ed

T ev' - ry - thing's al - right Al - right, ev' - ry - thing's al right Ooh

B ev' - ry - thing's al - right right Ooh

ff *p* *mp*

6

50

S *mp* When you're won - d'ring how to fly *p* Ooh

A *p* child, Ooh

T *mp* In your

B *mp* *p* Though the world care - less and mild Ooh

55

S *pp* *mp* *pp* By my suf - f'ring I am crowned, through the dark - ness I am found.

A *pp* *mp* *pp* By my suf - f'ring I am crowned, through the dark - ness I am found.

T *p* *mp* *pp* heart the an - swer lies. By my suf - f'ring I am crowned, through the dark - ness I am found.

B *pp* *mp* *pp* By my suf - f'ring I am crowned, through the dark - ness I am found.

p *mp* *pp*

Another great piece from the Compose Like a Girl Choral Series

Amelia Ouverson

A Departing Blessing

JH-GRL09

15

S God bring low the bron - zen sun to warm your kin - dred face.

A God bring low the bron - zen sun to warm your kin - dred face.



19 *tutti* stagger breathe *p*

S Ah

A *tutti* stagger breathe *p* Ah

T *mf* You'll walk and walk 'till night a - dorns the an - cient end - less sky with

B *mf* You'll walk and walk 'till night a - dorns the an - cient end - less sky with

19 You'll walk and walk 'till night a - dorns the an - cient end - less sky with



25

S As path leads on to

A As path leads on to

T *f* God's own flock of cry - stal stars that you can tra - vel by. As path leads on to

B *f* God's own flock of cry - stal stars that you can tra - vel by. As path leads on to

25 God's own flock of cry - stal stars that you can tra - vel by. As path leads on to



Another great piece from the Compose Like a Girl Choral Series

Amelia Ouverson

A Departing Blessing

JH-GRL09

30

rit.

S fur - ther path, be - yond the world you've known, may God re - store your

A fur - ther path, be - yond the world you've known, may God re - store your

T fur - ther path, the world you've, oh the world you've known, Oh

B fur - ther path, the world you've, oh the world you've known, Oh

30

34

a tempo

Vln. *mf*

S cloud-ing eyes to show you how you've grown. Oh seamless stagger breathe *p*

A cloud-ing eyes to show you how you've grown. Oh stagger breathe *p*

T cloud-ing eyes show you how you've grown. Oh stagger breathe *p*

B cloud-ing eyes show you how you've grown. Oh

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COMPOSE LIKE A GIRL



Check out the Compose Like A Girl Podcast with Jocelyn Hagen!

Listen to Jocelyn interview incredible female-identifying composers about their process, finding artistic truth, and leading with curiosity. These inspirational interviews are completed by excellent recordings.



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| | | | |
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LET THE WORLD KNOW

#ComposeLikeAGirl

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