

They Are Mother
GP-C009.2
SSAA, SA soli, piano

Jennifer Lucy Cook

pdf download \$2.15
printed \$4.15

Jennifer Lucy Cook

They Are Mother

for SSAA choir, SA solo group, and piano



notable. elevated.

www.graphitepublishing.com

Text:

What shall I call this force I know
Who do I come to when I wonder
The space that holds me when I'm low
More than a parent, friend, or lover

They are Mover
They are Maker
They are Mother, mm
They are Mother, mm

They are the breath I see in cold
The ready muscle in the sprinter
They are the glitter and the gold
The steady heat lamp in the winter

They are Mover
They are Maker
They are Mother, mm
They are Mother, mm

They nod and know
They need nothing
They're god and grow
They bleed blessings
They nod and know
They need nothing
They're god and grow
They bleed blessings

They are solitude
They are multitude
They are gratitude
Gratitude

Laugh lines around the all-seeing eye
And I can lean into the sky
Laugh lines around the all-seeing eye
And I can lean into the sky

What shall I call this force I know
Who do I come to when I wonder

They are Mover
They are Maker
They are Mother, mm
They are Mother, mm
They are Mother, mm
They are Mother, mm

- Jennifer Lucy Cook

From the Composer:

When I was working on the words for this piece, I consulted with my friend Reverend Alex Reegan, who is a trans man and interfaith minister, to create a text that embodies the energy of the feminine divine that is present in any gender. I chose to use they/them pronouns, which capture both the nonbinary and the nonsingular mystery and grandeur of the divine creating force, and by doing so, welcomes everyone into the work.

I wanted to explore the many aspects of the divine; pairing a grounded Mother Nature with a joyous playful being who is capable of laughter, a force that is present in the large and small moments, the noise and the silence, and most importantly, the divine creative spark in each of us. That all-inclusive, loving creative spirit shows up for me in the potential for movement (“the ready muscle in the sprinter”), the pleasures of modern life, (“the steady heat lamp in the winter”), and serves as a reminder not to take myself too seriously (“laugh lines around the all-seeing eye”). In identifying a creator this way, I channel these same qualities into my own life and my own identity, and it's my hope that the audience for “They Are Mother” finds themselves within it too.

- Jennifer Lucy Cook

Commissioned by the Utah Valley University Chamber Choir, Reed Criddle, artistic director
Tieble voicing commissioned for Sztrondal, Berkeley Center for the Arts at Goose Creek High School
Emily Reeves Bohll, Director

Winner of the Chorus Austin Composition Prize

They Are Mother

for SSAA choir, SA solo group, and piano

Graphite™

notable. elevated.
Words and Music by
Jennifer Lucy Cook

Grounded ♩ = 82

mp

Soprano 1
Mm ah mm ah Mm ah mm ah Mm ah mm ah

mp

Soprano 2
Mm ah mm ah Mm ah mm ah Mm ah mm ah

mp

Alto 1
Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah

mp

Alto 2
Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah

mp

Piano

For perusal purposes only. Do not copy.

8vb.
pedal harmonically

Performance notes: This piece can be approached with both traditional choral vocal technique as well as elements of modern pop singing. For example, the Joyful section at bar 50 is best enjoyed with relaxed vowels and a bright tone, whereas the Meditation section should blend like traditional choral texture. Overall, this piece benefits from a relaxed energy as opposed to strictness.

Graphite™

notable. elevated.

4

For perusal purposes only. Do not copy.

S1 Mm ah mm ah What shall I call this force I know

S2 Mm ah mm ah What shall I call this force I know

A1 Mm ah mm ah mm ah Mm ah Mm ah mm Ah

A2 Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah

(8)

7

For perusal purposes only. Do not copy.

S1 Who do I come to when I won - der The space that holds me when I'm

S2 Who do I come to when I won - der The space that holds me when I'm

A1 Mm ah Mm ah mm ah mm ah Mm ah Mm ah

A2 Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah

(8)

10

For perusal purposes only. Do not copy.

S1 low More than a par - ent, friend, or lov - er___ They are

S2 low More than a par - ent, friend, or lov - er___ They are

A1 mm Ah Mm ah™ Mm ah mm ah They are

A2 Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah They are

(8)

13

For perusal purposes only. Do not copy.

S1 Mov - er, they are Mak - er, they are Moth - er, mm___ They are

S2 Mov - er, they are Mak - er, they are Moth - er, mm___ They are

A1 Mov - er, they are Mak - er, they are Moth - er, mm___ They are

A2 Mov - er, they are Mak - er, they are Moth - er, mm___ They are

16

mf

S1 Moth - er mm Mm ah mm ah Mm ah mm ah

S2 Moth - er mm Mm ah mm ah Mm ah mm ah

A1 Moth - er mm Mm ah mm ah mm ah Mm ah mm ah mm ah

A2 Moth - er mm Mm ah mm ah mm ah Mm ah mm ah mm ah

mf

19

S1 Mm ah Mm ah ma ma ma ma Mm ah Mm ah

S2 Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah

A1 They are the breath I see in cold Ah The read - y musc - le in the

A2 They are the breath I see in cold Ah The read - y musc - le in the

mf

8vb

22

For perusal purposes only. Do not copy.

S1
ma ma ma____ ma ma ma ma ma ma ma Mm ah Mm ah____

S2
Mm ah ma ma ma ma ma ma ma ma ma ma ma Mm ah mm ah mm ah

A1
sprin - ter____ They are the glit - ter and the

A2
sprin - ter____ They are the glit - ter and the

(8)

24

For perusal purposes only. Do not copy.

S1
ma ma ma ma ma ma ma ma Mm ah Mm ah____

S2
Mm ah mm ah mm ah Mm ah mm ah mm ah

A1
gold, Ah the stead - y heat lamp in the

A2
gold, Ah the stead - y heat lamp in the

(8)

26

For perusal purposes only. Do not copy.

S1
ma ma ma — ma ma ma ma ma ma ma ma ma ma ma ma They are

S2
mm ah ma ma ma ma ma ma ma ma ma ma ma ma ma ma ma ma They are

A1
win - ter — ma ma ma ma ma ma ma ma ma ma They are

A2
win - ter — ma ma ma ma ma ma ma ma ma ma They are

(8)-----

28

For perusal purposes only. Do not copy.

S1
Mov - er, they are Mak - er, they are Moth - er, mm — They are

S2
Mov - er, they are Mak - er, they are Moth - er, mm — They are

A1
Mov - er, they are Mak - er, they are Moth - er, mm — They are

A2
Mov - er, they are Mak - er, they are Moth - er, mm — They are

6 8vb-----

31

f

SA solo group

ma ma ma ma ma ma da da da dn da da da da

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

(8)

33

SA solo group

mm ma na na na na na ma ma ma ma ma

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

(8)

35 *rit.*

S1 Moth - er mm They are Moth - er mm They

S2 Moth - er mm They are Moth - er mm They

A1 Moth - er mm They are Moth - er mm They

A2 Moth - er mm They are Moth - er mm They

p

mf

(8) bring out L.H.

37 Like a secret ♩ = 63

S1 nod and know They need no - thing They're god and grow, They bleed

S2 nod and know They need no - thing They're god and grow, They bleed

A1 nod and know They need no - thing They're god and grow, They bleed

A2 nod and know They need no - thing They're god and grow, They bleed

p

8vb

with minimal pedal

8

40

For perusal purposes only. Do not copy.

Graphite notable.elevated.™

S1
bless - ings They nod and know They need no - thing They're

S2
bless - ings They nod and know They need no - thing They're

A1
bless - ings They nod and know They need no - thing They're

A2
bless - ings They nod and know They need no - thing They're

8vb

43

For perusal purposes only. Do not copy.

Graphite notable.elevated.™

S1
god and grow, They bleed bless - ings They are sol - i - tude They are

S2
god and grow, They bleed bless - ings They are sol - i - tude They are

A1
god and grow, They bleed bless - ings They are sol - i - tude They are

A2
god, god and grow, They bleed bless - ings They are sol - i - tude They are

8vb

8vb

46 *accel.*

S1 mul - ti - tude They are grat - i - tude They are grat - i - tude They are

S2 mul - ti - tude They are grat - i - tude They are grat - i - tude They are

A1 mul - ti - tude They are grat - i - tude They are grat - i - tude They are

A2 mul - ti - tude They are grat - i - tude They are grat - i - tude They are

p

8vb

49 *Joyfully* ♩ = 90 *ff*

S1 grat - i - tude Laugh lines a - round the all - see - ing eye And

S2 grat - i - tude Laugh lines a - round the all - see - ing eye And

A1 grat - i - tude Laugh lines a - round the all - see - ing eye And

A2 grat - i - tude Laugh lines a - round the all - see - ing eye And

f

(8)

52

For perusal purposes only. Do not copy.

S1 I can lean up in - to the sky _____ Laugh lines a - round the all - see - ing eye _____

S2 I can lean up in - to the sky _____ Laugh lines a - round the all - see - ing eye _____

A1 I can lean up in - to the sky _____ Laugh lines a - round the all - see - ing eye _____

A2 I can lean up in - to the sky _____ Laugh lines a - round the all - see - ing eye _____

(8)

55

For perusal purposes only. Do not copy.

S1 And I can lean up in - to the sky _____ Ah _____

S2 And I can lean up in - to the sky _____ Ah _____

A1 And I can lean up in - to the sky _____ Ah _____

A2 And I can lean up in - to the sky _____ Ah _____

(8)

Meditative *rit.*

59

pp

Ah Mm ah Mm ah Mm ah

p

Ah Mm ah Mm ah Mm ah

mp

Ah Mm ah Mm ah Mm ah

p

Ah Mm ah Mm ah Mm ah

pp

8vb

Grounded, as before ♩ = 82

64

mp

Mm ah mm ah Mm ah mm ah Mm ah mm ah Mm ah mm ah

mp

Mm ah mm ah Mm ah mm ah Mm ah mm ah Mm ah mm ah

mp

Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah

mp

Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah

mp

(8)

68

For perusal purposes only. Do not copy.

S1 What shall I call this force I know Who do I come to when I

S2 What shall I call this force I know Who do I come to when I

A1 Mm ah Mm ah mm Ah^M Mm ah Mm ah

A2 Mm ah mm ah mm ah Mm ah mm ah mm ah Mm ah mm ah mm ah

(8)

71

For perusal purposes only. Do not copy.

S1 won - der They are Mov - er, they are Mak - er, they are

S2 won - der They are Mov - er, they are Mak - er, they are

A1 mm ah They are Mov - er, they are Mak - er, they are

A2 Mm ah They are Mov - er, they are Mak - er, they are

(8)

74

SA solo group

ff

ma ma ma ma ma ma

f

Moth - er, mm They are Moth - er mm They are

f

Moth - er, mm They are Moth - er mm They are

f

Moth - er, mm They are Moth - er mm They are

f

Moth - er, mm They are Moth - er mm They are

f

8vb

76

SA solo group

da da da da da da da mm ma na na na na na

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

(8)

78

SA solo group

ma ma ma ma ma Ah

S1 Moth - er mm They are Moth - er mm They are

S2 Moth - er mm They are Moth - er mm They are

A1 Moth - er mm They are Moth - er mm They are

A2 Moth - er mm They are Moth - er mm They are

(8)

80

SA solo group

ma ma ma ma ma ma da da da da da

S1 Moth - er mm They are Moth - er mm They are

S2 Moth - er mm They are Moth - er mm They are

A1 Moth - er mm They are Moth - er mm They are

A2 Moth - er mm They are Moth - er mm They are

(8)

82

SA solo group

For perusal purposes only. Do not copy.

da da da ma ma ma ma ma ma ma ma

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

Moth - er mm They are Moth - er mm They are

(8)

84

sfzp *f* vocal fall, like letting out a sigh

For perusal purposes only. Do not copy.

Moth - er mm *sfzp* *f* vocal fall, like letting out a sigh

Moth - er mm *sfzp* *f* vocal fall, like letting out a sigh

Moth - er mm *sfzp* *f* vocal fall, like letting out a sigh

Moth - er mm *sfzp* *f* vocal fall, like letting out a sigh

Moth - er mm

(8)

Jennifer Lucy Cook



Jennifer Lucy Cook (she/her) is a composer and lyricist based in Los Angeles. Jen specializes in music for the stage and screen, choral music, and pop songwriting. Recent choral commissions include Cantorum Chamber Choir, Opus Voices, and the UVU Chamber Choir. She is the recipient of the Edwin Fissinger Composition Award, the Chorus Austin Composition Prize and the Cantus Emerging Composer Award. She is an alumni of the Johnny Mercer Foundation Writer's Grove with Goodspeed Musicals, and her theater commissions include Full House Theatre Co., British Youth Musical Theatre, and Shakespeare's Globe Theatre in London. Her musical recaps of the Bachelor recently went viral on TikTok.

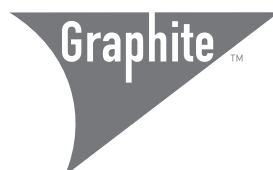
Despite writing music in such a wide range of genres, Jen's music is united by a keen love for storytelling with song. She prioritizes specific, highly emotional lyrics, melodic earworms, and infectious rhythmic grooves, and conceives of every piece from a dramatic, narrative-driven perspective. She earned a Master's degree in Musical Theater Writing from Goldsmiths University in London and a Bachelor's in Media Music from Brigham Young University.

Other works for treble voices from Graphite:

Eric William Barnum	GP-B012	Spark	SSAA (div), a cappella
Eric William Barnum	GP-B015	Heaven Full of Stars	SSAA, a cappella
B.E. Boykin	GP-B019	Stardust	SSA, piano, djembe
B.E. Boykin	GP-B020	O Magnum Mysterium	SSAA a cappella
B.E. Boykin	GP-B021	Ave Maria	SSAA a cappella
Jenni Brandon	GP-B013	Breakable	SA, piano
Jennifer Lucy Cook	GP-C010	Over and Over	SSAA with TBB and/or synth
Jennifer Lucy Cook	GP-C012.5	How Can I Keep From Singing	2-part treble, piano
Dessa & Jocelyn Hagen	GP-D023.3	Controlled Burn	SSA, string quartet, piano
Christine Donkin	GP-D024	Autumn colours in the canal	SSAA, piano
Martha Hill Duncan	GP-D002	Songs of Tekahionwake (2 songs)	SSA, piano, hand drum; SSSSAA, a cappella
Martha Hill Duncan	GP-D022	Step to the Fiddle	2-part treble, piano
Jocelyn Hagen	GP-H011	I Started Out Singing	3-part treble, piano
Jocelyn Hagen	GP-H009	Ave Maris Stella	SSSSAA, a cappella
Jocelyn Hagen	GP-H017	Starting Now	SSAA, piano
Hagen & Takach	GP-N001.1	Havaa's Lullaby	2-part treble, a cappella
Isaac Lovedahl	GP-L001	Behind the Mountain	3-part round for equal voices
Luke Mayernik	GP-M006	A Round for Hidegard	7 treble voices, viola, cello, percussion
Paul John Rudoj	GP-R012.1	For the Beauty of the Earth	SSAA, a cappella
Paul John Rudoj	GP-R013.1	Gamaya	equal voices, opt. djembe
Paul John Rudoj	GP-R017.1	If I Were a Dog	SSA, piano
Paul John Rudoj	GP-R020.1	Two Old Crows	SSA, piano, violin
Timothy C. Takach	GP-T015	She Tore a Map	SA, piano
Timothy C. Takach	GP-T018.1	Mantra	SSA, piano
Timothy C. Takach	GP-T024	She Does Not Let Go	2-part treble, piano
Timothy C. Takach	GP-T025.5	Outshine	SA, piano
Ellen Gilson Voth	GP-V003	Standing Tall	SA, piano
Ellen Gilson Voth	GP-V003.4	Standing Tall	SSAA, piano
Dale Warland	GP-W004	Sed Amore	SA div, piano

Albert Pinsonneault	GP-P001.1	Intonation: Choral Exercises (2nd edition)	all voices
---------------------	-----------	--	------------

More pieces available for treble voices from the Lorelei Ensemble and Compose Like a Girl series!



notable. elevated.

www.graphitepublishing.com