

Say It Out Loud
SATB div., body percussion
JH - C050

Jocelyn Hagen

pdf - \$2.15
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Say It Out Loud

for a cappella SATB choir div., body percussion

jocelyn hagen

“Say It Out Loud”

Even the strongest voice
can be misdirected,
persuaded to abandon reason,
ditch deep-rooted beliefs,
doubt their prowess,
themselves,
and join the chorus of lies
that drum loudest.
project your voice,
stand guard of your
conviction.

Speak up, talk it out.
Give voice to your pain
and say it out loud.
Call out the oppressor.
If you cannot summon
your strength,
trust someone.
Allow them to lead
the way out.
Don't let hope make you stay
in a soul-wrenching place
nor allow anyone
to invalidate you.

~ Michelle G. Stradford

~ Both poems are from *I'm Rising*, published in 2019. Used
with permission.



Michelle G. Stradford is author of the bestselling and award-winning book, *I'm Rising: Determined. Confident. Powerful*. She has written a number of other uplifting poetry books about self-love, romantic and family love. Some of her work was recently published in

the Heron Clan VII Poetry Anthology along with other esteemed poets.

In addition to poetry, she has penned short stories and fiction since adolescence. Her writing style is contemporary free verse, as her goal is to create poetry and prose that is relatable, connects with and is inspiring to her readers. In particular, she wants to use her experiences and writing to build a platform that encourages women and girls to own their power to overcome challenges and crush their goals.

Score

Dedicated to the Geneseo Chamber Singers, Gerard Floriano - Director
In honor of the 150th Anniversary of State University of New York College at Geneseo

Say It Out Loud

Poem by:
Michelle Stradford

SATB div a cappella choir and body percussion

Jocelyn Hagen

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Powerfully ♩ = 66

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The musical score is arranged in five systems. The first four systems are for the vocal parts: Soprano, Alto, Tenor, and Bass. Each system includes a vocal line with lyrics and a piano accompaniment line. The lyrics for all parts are: "E - ven the strong - est voice can be mis - di - rect - ed, per - suad - ed to a -". The piano reduction is in the fifth system, with the label "Piano Reduction (rehearsal only)". The score is in the key of D major (one sharp) and 4/4 time. It begins with a dynamic marking of *f* and a tempo marking of *Powerfully* ♩ = 66. The music features a mix of 4/4 and 2/4 time signatures. A large, semi-transparent watermark "jocelyn hagen" is overlaid across the score.

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Please report performances of this piece to
Jocelyn Hagen at jocelyn@jocelynhagen.com

jh music

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Say It Out Loud / Hagen

5
S *sub. p* ban-don rea-son, — ditch deep-root-ed be-liefs, 3 doubt their prow-ess, them-

A *sub. p* ban-don rea-son, — ditch deep-root-ed be-liefs, 3 doubt their prow-ess,

T *sub. p* ban-don rea-son, — ditch deep-root-ed be-liefs, 3 doubt their prow-ess,

B *sub. p* ban-don rea-son, — ditch deep-root-ed be-liefs, 3 doubt their prow-ess,

5
S selves, — and join the cho-rus of lies that drum loud-est. *f* proj-ect your

A them-selves, — and join the cho-rus of lies that drum loud-est. *f* proj-ect your

T them-selves, and join the cho-rus of lies that drum loud-est. *f* proj-ect your

B them-selves, and join the cho-rus of lies that drum loud-est. *f* proj-ect your

8

Light, yet Fierce ♩ = 84

12

SA Perc.

S

ff *mf* *fp*

voice, stand guard of your con - vic - tion.

A

ff *mf* *fp*

voice, stand guard of your con - vic - tion.

TB Perc.

12

CHAMBER GROUP BODY PERCUSSION:

tenors only
clap

L R L R
thigh slap

p

T

8

ff *mf* *fp*

voice, stand guard of your con - vic - tion.

B

ff *mf* *fp*

voice, stand guard of your con - vic - tion.

12

Light, yet Fierce ♩ = 84

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17

SA Perc.

CHAMBER GROUP BODY PERCUSSION:

sopranos only

clap

sopranos & altos

tenors & basses

stomp
mp

TB Perc.

mp

Say It Out Loud / Hagen

20

SA Perc. *p*

S *mp*
Speak up, talk it out. Give voice to your pain and say it out say it out loud.

A *mp*
Speak up, talk it out. Give voice to your pain and say it out loud. say it out loud.—

20

TB Perc. *p*

T

B

20

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Say It Out Loud / Hagen

23

SA Perc. L R L R thigh slap

p

S Oo... N.B.

A Oo...

23

TB Perc. stomp

T *mp* Speak up, talk it out. Give voice to your pain and say it out loud. say it out loud. say it out loud.

B *mp* Speak up, talk it out. Give voice to your pain and say it out loud.

23

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26

SA Perc. *mf*

S *mf*

A *mp* *mf*

26

TB Perc. *mf*

T *mp* *mf*

B *mf* *mf*

26

Call out the op-pres-sor. If you can-not sum-mon your strength, trust some - one.

Call out the op - pres - sor. trust some - one.

Call out the op - pres - sor. trust some - one.

Call out the op-pres-sor. trust some - one.

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29

SA Perc.

p *mp* *mf*

S

some - one. Al - low them to lead the way out.

A

some - one. Al - low them to lead the way out.

29

TB Perc.

p *mp* *mf*

T

some - one. Al - low them to lead the way out. trust

B

some - one. Oo... trust

29

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32

SA Perc. *f*

S *f* *N.B.*
trust — some - one. Speak up, Speak up, Speak up, Speak up,

A *f* *N.B.*
trust — some - one. Speak up, Speak up, Speak up, Oo... —

A *f* *N.B.*
trust — some - one. Speak up, talk it out. — trust — some - one.

32
TB Perc. *f*

T *f*
8 some - one. — Speak up, Speak up, Speak up, Oo... —

B *f*
some - one. — Speak up, talk it out. — trust — some - one.

32

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Say It Out Loud / Hagen

35 *sopranos only* *sopranos & altos*
SA Perc. *p* *p*
S *mp*
A *p* *mp*
A *mp*
35
TB Perc. *p*
T *p* *mp*
B *p* *mp* *> p*
35

Al - low them to lead the way out. Don't let hope make you
the way out. Don't let hope make you
Al - low them to lead the way out. Don't let hope make you
the way out. Don't let hope make you
the way out. Don't let hope make you
Oo... the way Call out the op - pres - sor.

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38

SA Perc.

S

stay in a soul - wrench-ing place nor al-low an - y - one to in - val-i-date you.

A

stay in a soul - wrench-ing place *p* *N.B.* Oo... *mp* talk it

38

TB Perc.

T

stay in a soul - wrench-ing place *p* *N.B.* Oo...

B

Oo... *mp* talk it out.

38

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41 TUTTI BODY PERCUSSION:

SA Perc. *p* *mf* *f*

S talk it out. talk it out. *mf* *f*

A out. talk it out. *N.B.* say it say it say it say it

41 TUTTI BODY PERCUSSION:

TB Perc. *p* *mf* *f*

T talk it out. talk it out. *N.B.* *N.B.* say it say it say it say it

B talk it out. talk it out. *N.B.* *N.B.* say it say it say it say it

41

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44 CHAMBER GROUP BODY PERCUSSION:

SA Perc. *mp*

S *sub. p* *N.B.* *mp*
Oo... say it out loud. say it out

A *mp*
loud. say it out loud. say it out loud. out loud.

44 CHAMBER GROUP BODY PERCUSSION:

TB Perc. *mp* *p*

T *mf*
8 Speak up, talk it out. Give voice to your pain and say it out loud. say it out

B *mf*
Speak up, talk it out. Give voice to your pain and say it out loud. say it out loud.

44

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Say It Out Loud / Hagen

47

SA Perc. *p* *sub. p* *S* *+A*

S *p* *mf* *sub. p*
loud. out loud. say it Mm...
p *mf* *p*

A say it out loud. say it out loud. say it out loud. say it out loud. Mm...
p *mf* *p*

TB Perc. *mf* *p* *T* *+B*

T *p* *mp* *mf* *p*
loud. say it out loud. say it out loud. Mm...
p *mf* *p*

B *p* *mf* *p*
out loud. Mm...

47

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Hushed

51

SA Perc.

S

Speak up, talk it out. Give ___ voice ___ to your pain and say it out

A

Speak up, talk it out. Give ___ voice ___ to your pain and say it out

51

TB Perc.

T

8 say it out loud. say it out loud. say it out loud. say it out loud.

B

51

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Say It Out Loud / Hagen

53

SA Perc.

loud. say it say it say it say it say it say it say it say it out loud. say it

A

loud. say it say it say it say it say it say it say it say it say it out loud.

53

TB Perc.

8

Speak up, talk it out. Give voice to your pain and say it out loud.

B

Speak up, talk it out. Give voice to your pain and say it out loud.

53

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Say It Out Loud / Hagen

60 **TUTTI BODY PERCUSSION:**

SA Perc. *ff* *ff* *fp* *molto ff*

S *ff* *fp* *molto ff*

A *ff* *mp* *molto ff*
say it say it out loud. say it out loud. say it out loud.

TB Perc. *ff* *mp* *molto ff*

T *ff* *mp* *molto ff*
say it say it out loud. say it out loud. say it out loud.

B *ff* *fp* *molto ff*
say it say it out loud.

60

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Jocelyn Hagen



Jocelyn Hagen composes music that has been described as “simply magical” (Fanfare Magazine) and “dramatic and deeply moving” (Star Tribune, Minneapolis/St. Paul). Her first forays into composition were via songwriting, and this is very evident in her work. The majority of her compositional output is for the voice: solo, chamber and choral. Her dance opera collaboration with choreographer Penelope Freeh, titled *Test Pilot*, received the 2017 American Prize in the musical theater/opera division as well as a Sage Award for “Outstanding Design.” The panel declared the work “a tour de force of originality.” Her melodic music is rhythmically driven, texturally complex, and has recently become more experimental in nature. In 2013 she released an EP entitled *MASHUP*, in which she performs Debussy’s “Doctor Gradus Ad Parnassum” while singing Ed Sheeran’s “The A Team.” Jocelyn is also one half of the band *Nation*, an a cappella duo with composer/performer Timothy C. Takach, and together they perform and clinic choirs from all over the world.

Her commissions include *Conspirare*, The Minnesota Orchestra, the American Choral Directors Associations of Minnesota, Georgia, Connecticut and Texas, the North Dakota Music Teacher’s Association, *Cantus*, the Boston Brass, the Metropolitan Symphony Orchestra, and The Houston Chamber Choir, among many others. She is currently an artist-in-residence at North Dakota State University and regularly composes for their ensembles. For ten years she was a composer-in-residence for the professional choir she also sang in: The Singers, under the direction of Matthew Culloton. Her music has been performed all over the world, including Carnegie Hall and Lincoln Center in New York City. Her work is independently published through JH Music, as well as Graphite Publishing, G. Schirmer, Santa Barbara Music Publishing, Fred Bock Music Publishing, and Boosey and Hawkes.

Independently published choral works by Jocelyn Hagen:

Agnus Dei, from <i>amass</i>	SATB choir, piano (four hands)
Agnus Dei, from <i>Ashes of Roses</i>	TTB div. a cappella, Bar. solo
April and the Sun	SATB a cappella choir
Benedictus, from <i>amass</i>	SSAATTBB a cappella choir, SATB soli
Divine Image	treble choir, women’s choir, SSATB choir, oboe and piano
Endless	SATB choir, 2 violins and piano
Forgotten	SSA choir, oboe and piano
Gloria, from <i>amass</i>	SATB a cappella double choir
In the Lavender Stillness of Dawn	SSA choir, violin, cello and piano
I Saw Two Clouds at Morning	SSAATTBB a cappella choir
Joyful, Joyful, We Adore Thee	SSAATTBB a cappella choir
Ladies in Green	SSA choir and piano
Moon Goddess	SSA choir, 4-hand piano, percussion
No Rain	SSAATTBB a cappella choir, SSA soli
Numeri Atque Voces	TTBB and SATB choirs
On My Dreams	SATB div. choir, piano, opt. trap set
Ophelia	SATB a cappella choir
Prayer	SA div. choir, violin and piano
Salve, Regina	SSA a cappella choir
Sanctus, from <i>amass</i>	SSATBB a cappella choir, SA soli
Someone Will Remember Us	SSAA choir, violin, viola, cello and harp
Trees Need Not Walk the Earth	SATB choir, piano, marimba & rain stick
Under the Stars, One Holy Night	treble choir, women’s choir, 2 instruments in C and piano
Veni, Sancte Spiritus	SATB a cappella choir
Vespertilians	SATB a cappella choir

Extended works for chorus

Ashes of Roses (48’)	requiem for SATB choir, orchestra, and soloists
<i>amass</i> (65’)	SATB choir, STB soli, cello solo, cello quartet, guitar and percussion trio
The Notebooks of Leonardo da Vinci (35’)	SATB choir, orchestra or chamber orchestra, video projections
Swimming Into Winter (17’)	SATB (divisi) choir, winds and percussion