## They Have Freckles Everywhere



# Elizabeth Alexander

Seafarer Press

#### They Have Freckles Everywhere: Seven Pieces of Me

Lyrics adapted from poems by students in the Many River Program at Hall Elementary School

#### 1. My Eyes

My eyes are like an oval and an almond, My eyes are like stones in the road, My eyes are like a pool of water, Ocean pieces glint in the sun like shining sapphire spheres.

Travel into two worlds of black.

Travel down into the depths of wonder, into my eyes...

My eyes are like fish swimming in a pond. My eyes, warm like a blanket, cold as ice.



My birthmark is one lonely dot on the bottom of my foot.

#### 3. My Legs

You always have them right underneath you. Right underneath you, you have your legs.

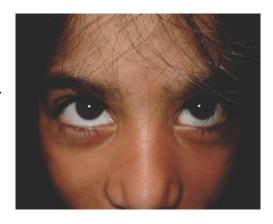
I love my legs because I can wiggle them And bend them right when I want to. They can leap and run and jump on a bed, Pick me up from the ground.

They swing back and forth, swinging high and low. I love to dance!

I love my legs because I can wiggle them And bend them right when I want to. Legs are what you use for walking, Kicking through the water... Playing on the playground.

I love my legs! I love my legs! For they can run and walk And wiggle and bend And shake and kick And swing and leap and dance!

My legs!







#### 4. My Brain

My brain is an endless maze, A canoe floating down a quiet river.

Enter into the mists of thought, Venture into the distance, into belief, desire, suffering, joy, pain, into wonder, into dreams...

My brain is an endless maze.

#### 5. My Mouth

My mouth.

Blurting out sound, A sea of sound, Enough to fill the soul, Enough to fill the world!

My mouth!

#### 6. My Fingers

My fingers are short. Very short.

#### 7. My Cheeks

They have freckles everywhere. My cheeks are very soft, And they have freckles everywhere. And my cheeks puff up, And they have freckles everywhere.





#### Many thanks to the student poets and photographers who helped me write these songs!

- 1. My Eyes: Gabriel Kobert, Emma Alcorn, Eleanor Cox, Austin Tyson, Sammy Astrachan, Reilly Musgrave, Kim Henry
  - 2. My Birthmark: Julian Kouba
- 3. My Legs: Jacob Morrow Spitzer, Mashale Nabi, Ellen Silk, Sean Kosal, Finn Naylor
- **4. My Brain:** Jaspar Sommer, Vaughan Murphy, Will Sarvis, Kim Henry, Eliza Lambert, Savin Matlozzi, Sammy Astrachan, Jacob Litourneau

5. My Mouth: Reed Fernandez6. My Fingers: Turner Berueffy7. My Cheeks: Madeline Mullelt

#### They Have Freckles Everywhere: Seven Pieces of Me

Composer Note: Commissions are gifts of possibility, especially when collaboration is involved. *They Have Freckles Everywhere* came about through an unusual partnership in Portland, Maine between Women In Harmony and the children of Hall Elementary School. In order to explore how the human body can be portrayed in art, the children visited an art gallery, photographed favorite parts of their own bodies, and wrote poems in response to their photographs.

I was delighted when I received the poems – over 100 in all! They were imaginative, witty, gregarious, thoughtful, and packed with vibrant images. I laid them out on the floor and wove them into lyrics for seven body parts: eyes, legs, brain, mouth, fingers, cheeks, and one quite distinctive birthmark.

As I worked with the children's poems and subsequently set them to music, I was blown away by how unabashedly these children celebrated their bodies. I was also painfully aware of how self-conscious adults often are about how we sit, walk, gesture, eat, speak and look. The children's words were an irresistible invitation to rediscover the playfulness that "mature people" often lose touch with. It's no wonder that I found myself moving around and dancing as I composed!

When Women in Harmony performed *They Have Freckles Everywhere* for the children and their families, they did so with great gusto! The visceral pleasure of having a body and being alive was on full display. And of course after the song was over, every one of the art-makers took a bow.

#### About these seven "pieces of me"

My Eyes: This song's evocative lyric is a collage of metaphors and similes the young poets used to describe their eyes. Some images refer to physical beauty, while others refer to the emotions these "windows to our souls" reveal: joy and sorrow, intimacy and distance, warmth and coldness.

My Birthmark: Just as the poet's birthmark is "a lonely dot right on the bottom of my foot," this song's short phrases are separated from one another, and generously sprinkled with staccatos!

My Legs: As women age it's especially easy to begin feeling uncomfortable about our legs. And what a sad thing that is, since legs are designed to be empowering and life-enhancing. With this in mind, my musical setting gives the singers' amazing appendages the chance to really "step out"!

**My Brain:** Rather than focusing on the brain's intellect – the part which gets us through a difficult exam or intense chess match – this song's lyric speaks to the brain's mysterious connections and vast neural network. At the song's conclusion the winding line "my brain is an endless maze" becomes a labyrinthine canon.

**My Mouth:** From a young age we are taught to exercise a certain amount of caution when opening our mouths. Some of these cautions make sense, like chewing with our mouths closed and covering up when we sneeze. But the reasons for some other no-no's are harder to understand. Why are people strongly discouraged from opening their mouths wide unless they're yawning, singing, or sitting in a dentist's chair? And while it can certainly be disruptive to make funny noises with our mouths when other people are talking or concentrating, why does it seem like there's *no* good time to *ever* make funny noises?

Singers have their own special hang-ups about oral dos and don'ts, one of the foremost being the dreaded "diphthong." Unlike the so-called "pure vowels" in languages like Italian and Latin, many American vowels are combinations of *two* vowels. For example, the vowel in the word "mouth" is sort of like an "ah" sound followed by an "oo" sound. Some musical traditions consider diphthongs to be "unmusical" so composers and singers often tend to underemphasize them. But in "My Mouth" I do the exact opposite, celebrating diphthongs in all their wild and wooly glory!

**My Fingers:** My fingers *are* short. Pianists with hands like mine get good at finding workarounds for playing wide intervals on the keyboard. "My Fingers" is written especially for similarly-fingered pianists, for while they are frequently required to move their arms to different spots on the keyboard, their fingers do no stretching whatsoever!

**My Cheeks:** Although the title of this song is "My Cheeks," it's the freckles that receive top billing. Like children, they are small, unpredictable, irrepressible, and as the title says: *everywhere*!



Cover illustration created by Kaelynn Korten for Vox Musica's 2013 performance of They Have Freckles Everywhere.

### They Have Freckles Everywhere: Seven Pieces of Me

for women's chorus (divided into 2, 3 or 4 parts) and piano





Dorothy Knost, piano teacher •
Music-Theater • Denise
Jonathan Machen,
vocalist • Dawna
conductor and
conductor and
Millay,

Levertov, poet • George Ella Lyon, poet
artist • Ruth MacKenzie, collaborative
Markova, writer • Anne Matlack,
composer advocate • Nancy Menk,
composer advocate • Edna St. Vincent
poet • Jane Ramseyer Miller,
conductor, composer, social activist
• Joe Mish, conductor and composer
advocate • 1. David Mogre, composer

..and,some,ot, it.

Gerald Rich, poet • Cerl Sandburg, poet

WOIS o EVIC Portain Proposer and
friend • King Sigismund III, religious
reformer • Ann Silsbee, composer, poet and
friend • Simon Alexander-Adams, sounding
board, fellow creative, and awesome son
Steven Stucky, composer and teacher
Rabindranath Tagore, poet • Sister Peronne
Marie Thibert, teacher and writer • Oliver
Alexander-Adams, unconventional thinker and
light of my life • Howard Thurman, civil rights
leader and writer • Everyone whose work supports
the Association for Unitarian Universalist Music
Ministries • Charles Varney, high school choral director

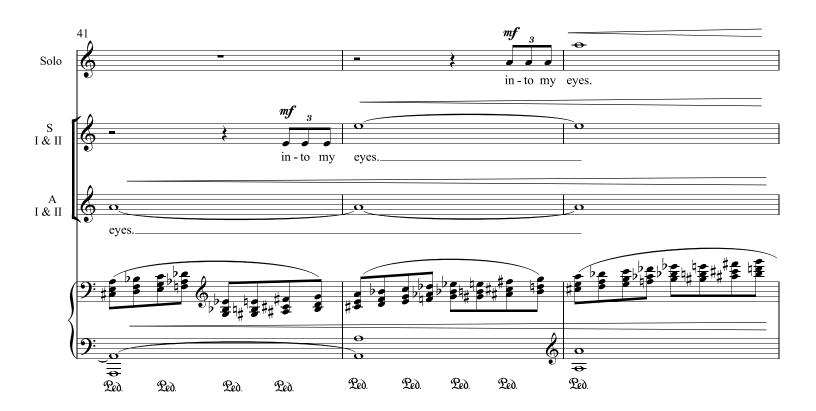
and Vonhuben, illustrator and graphic designer • Nancy White, poet John Greenleaf Whittier, poet • Theodore Chickering Williams, poet • Daniel Winter, pianist and teacher • Nancy Wood, poet • Yehudi Wyner, composer and teacher

This page has been intentionally omitted. (You know why.) A complete perusal score may be purchased through any music store or dealer.

Seafarer Press

Elizabet Alexander



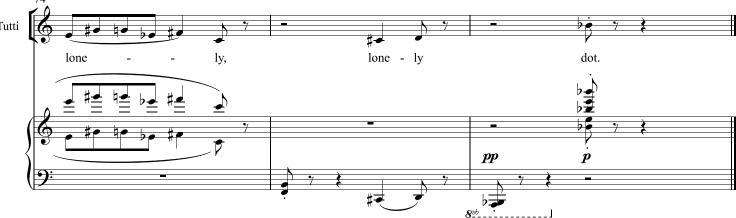




Seafarer Press / SEA-076-01





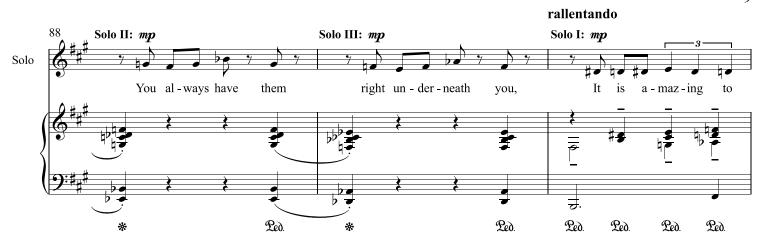


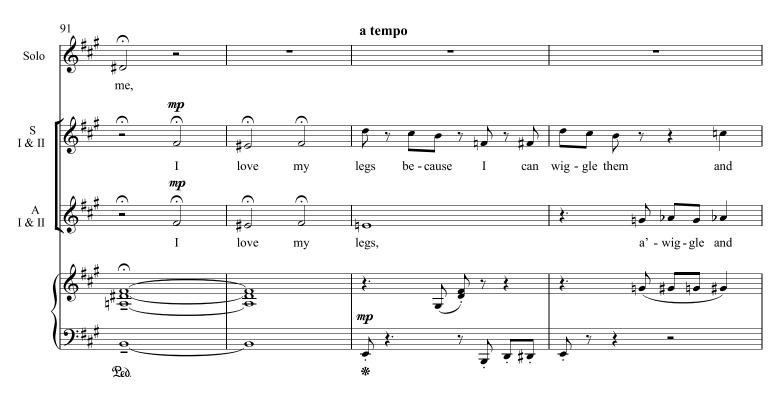
## 3. My Legs

#### ( = 62-66) Vibrant and Fun

Solo I\*: mp (un poco Ethel Merman)

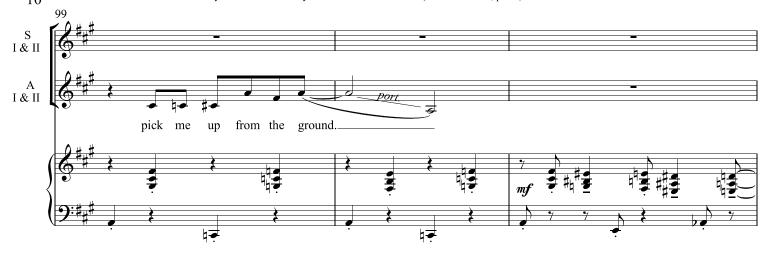


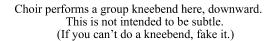


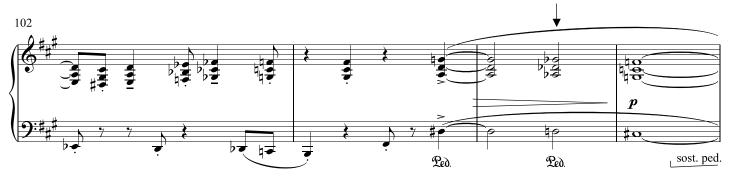


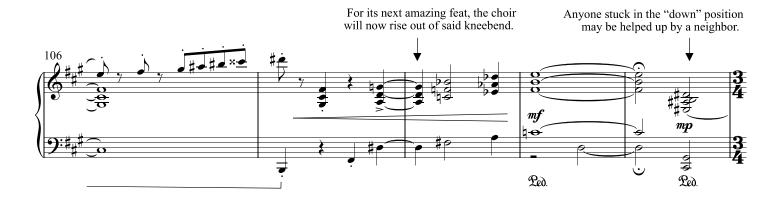






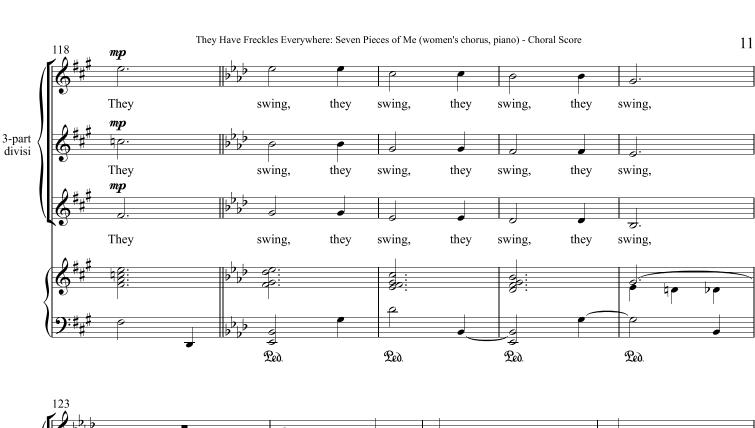


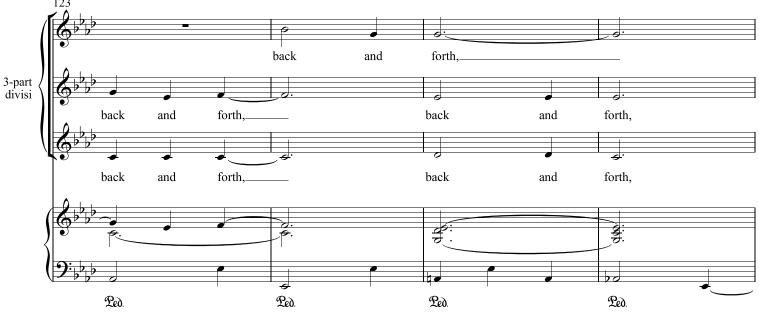


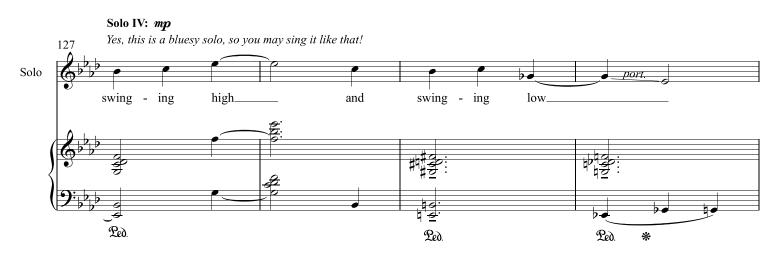




Seafarer Press / SEA-076-01







Dorothy Knost, piano teacher •
Music-Theater • Denise
Jonathan Machen,
vocalist • Dawna
conductor and
conductor and
Millay,

Levertov, poet • George Ella Lyon, poet
artist • Ruth MacKenzie, collaborative
Markova, writer • Anne Matlack,
composer advocate • Nancy Menk,
composer advocate • Edna St. Vincent
poet • Jane Ramseyer Miller,
conductor, composer, social activist
• Joe Mish, conductor and composer
advocate • 1. David Mogre, composer

..and,some,ot, it.

Gerald Rich, poet • Cerl Sandburg, poet

WOIS o EVIC Portain Proposer and
friend • King Sigismund III, religious
reformer • Ann Silsbee, composer, poet and
friend • Simon Alexander-Adams, sounding
board, fellow creative, and awesome son
Steven Stucky, composer and teacher
Rabindranath Tagore, poet • Sister Peronne
Marie Thibert, teacher and writer • Oliver
Alexander-Adams, unconventional thinker and
light of my life • Howard Thurman, civil rights
leader and writer • Everyone whose work supports
the Association for Unitarian Universalist Music
Ministries • Charles Varney, high school choral director

and Vonhuben, illustrator and graphic designer • Nancy White, poet John Greenleaf Whittier, poet • Theodore Chickering Williams, poet • Daniel Winter, pianist and teacher • Nancy Wood, poet • Yehudi Wyner, composer and teacher

This page has been intentionally omitted. (You know why.) A complete perusal score may be purchased through any music store or dealer.

Seafarer Press

Elizabet Alexander





**Composer's Note:** I didn't originally plan on asking the choir to kick up its heels; the song just naturally went there on its own! It's not necessary for everyone to be part of the Chorus Line, but a critical mass is vital. These don't need to be high kicks, and you don't need to get your legs completely straight. For some of us, it's a celebration that we can still do this at all!

7

Led.

#8

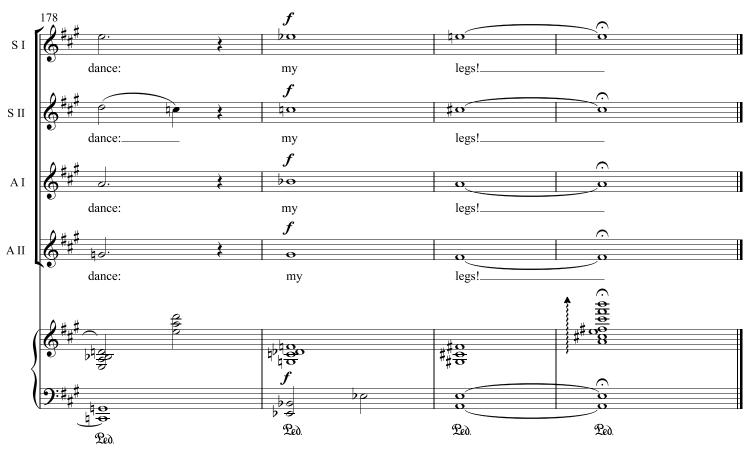
Led.

No one taught me how to notate a Chorus Line in graduate school, so I made this notation up. Remember that when your right leg is kicking, it's kicking toward the left. And vice versa

Led.

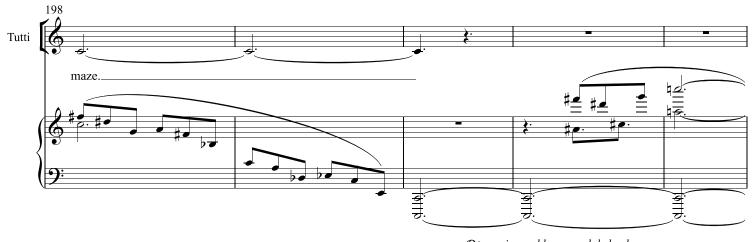
₹ Led.



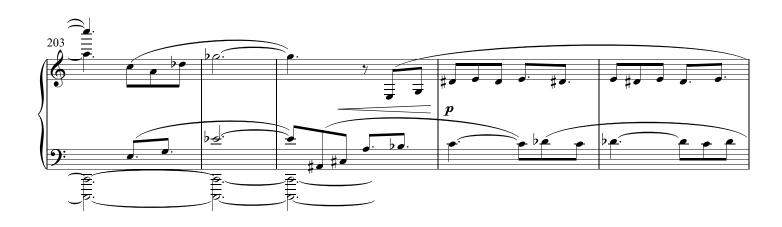


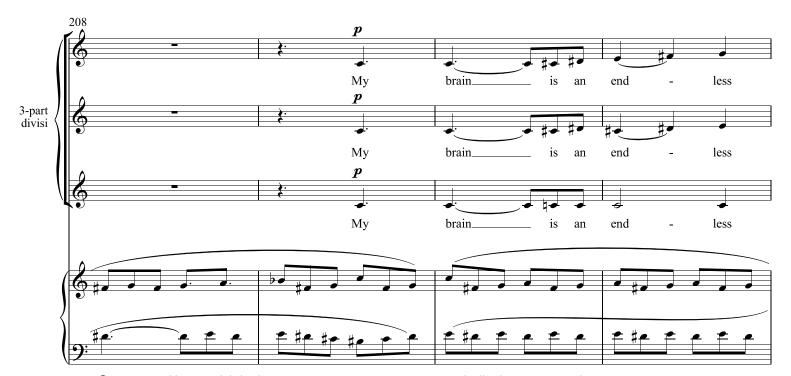


<sup>\*</sup> Altos may wish to sing lower notes, on this page and on page 27.



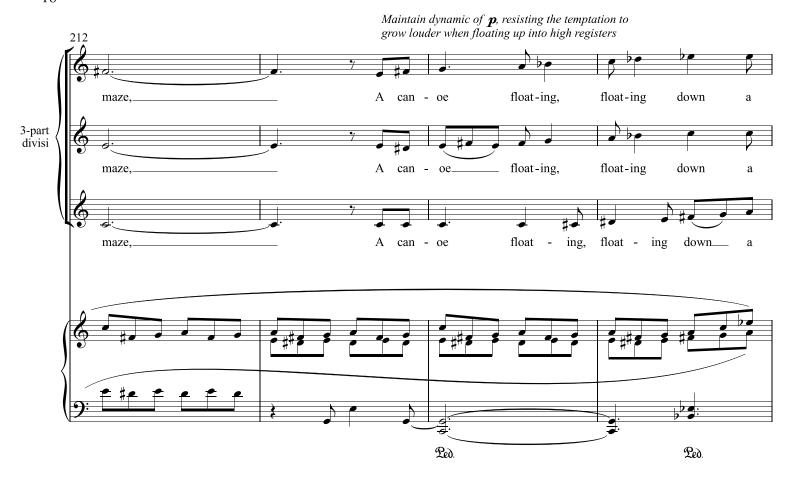
Led. raise and lower pedal slowly

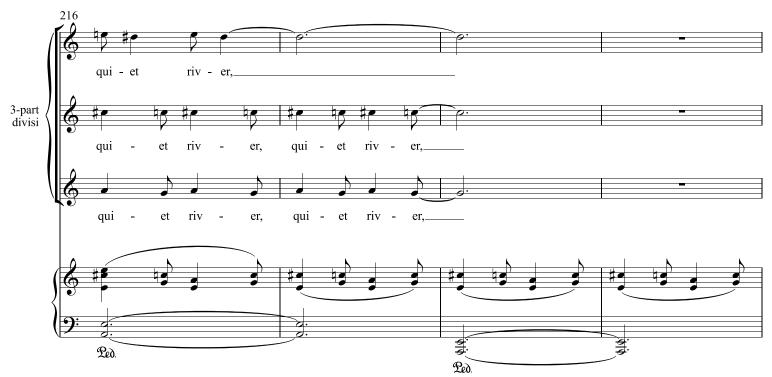




Led. raise and lower pedal slowly

gradually change to tre corda





Seafarer Press / SEA-076-01





Dorothy Knost, piano teacher •
Music-Theater • Denise
Jonathan Machen,
vocalist • Dawna
conductor and
conductor and
Millay,

Levertov, poet • George Ella Lyon, poet
artist • Ruth MacKenzie, collaborative
Markova, writer • Anne Matlack,
composer advocate • Nancy Menk,
composer advocate • Edna St. Vincent
poet • Jane Ramseyer Miller,
conductor, composer, social activist
• Joe Mish, conductor and composer
advocate • 1. David Mogre, composer

..and,some,ot, it.

Gerald Rich, poet • Cerl Sandburg, poet

WOIS o EVIC Portain Proposer and
friend • King Sigismund III, religious
reformer • Ann Silsbee, composer, poet and
friend • Simon Alexander-Adams, sounding
board, fellow creative, and awesome son
Steven Stucky, composer and teacher
Rabindranath Tagore, poet • Sister Peronne
Marie Thibert, teacher and writer • Oliver
Alexander-Adams, unconventional thinker and
light of my life • Howard Thurman, civil rights
leader and writer • Everyone whose work supports
the Association for Unitarian Universalist Music
Ministries • Charles Varney, high school choral director

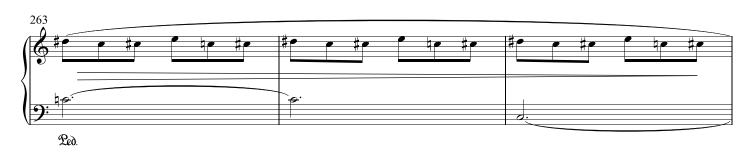
and Vonhuben, illustrator and graphic designer • Nancy White, poet John Greenleaf Whittier, poet • Theodore Chickering Williams, poet • Daniel Winter, pianist and teacher • Nancy Wood, poet • Yehudi Wyner, composer and teacher

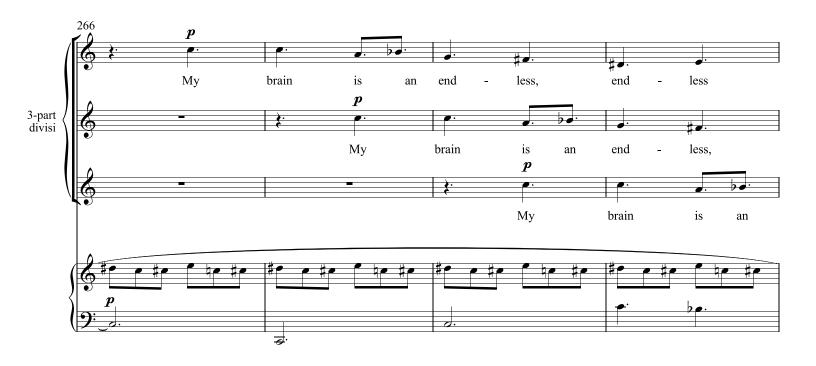
This page has been intentionally omitted. (You know why.) A complete perusal score may be purchased through any music store or dealer.

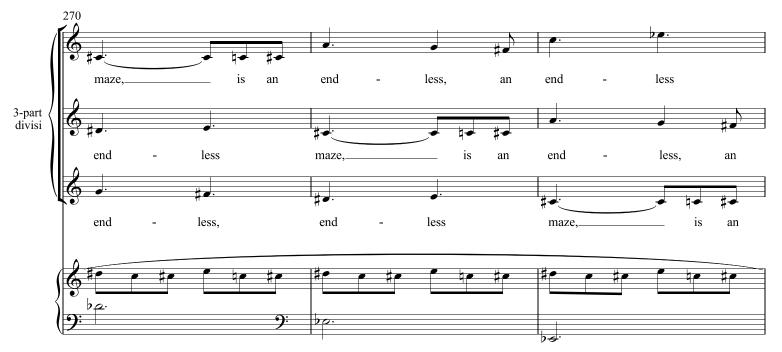
Seafarer Press

Elizabet Alexander







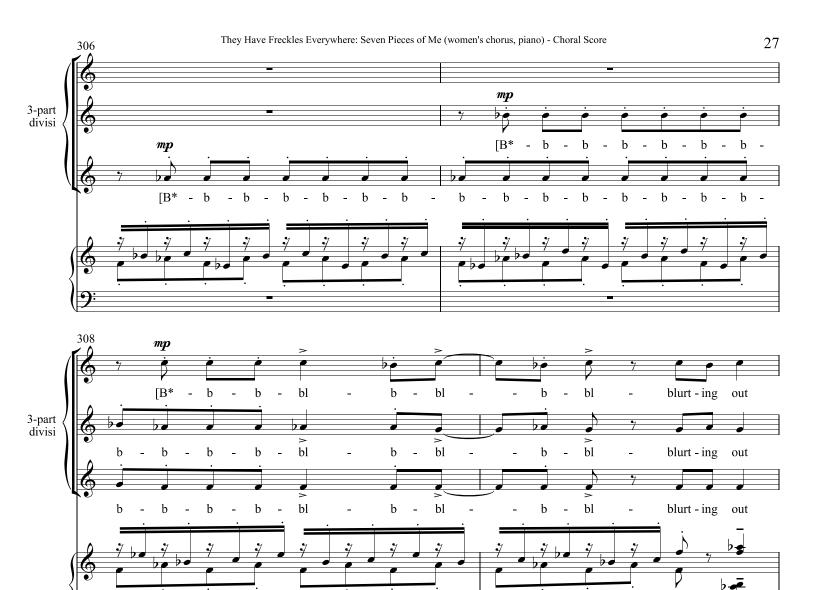






Seafarer Press / SEA-076-01





\* Create the "b" and "bl" phonemes with very, loose "blurty" lips.

Seafarer Press / SEA-076-01

310 mf [sa u] - ound u] - ound 3-part divisi [sa u] - ound, [sa u] - ound, u - a u - a mf [sa u - a u] - ound, [sa u - a u] - ound, Led. Led.

Led.

Dorothy Knost, piano teacher •
Music-Theater • Denise
Jonathan Machen,
vocalist • Dawna
conductor and
conductor and
Millay,

Levertov, poet • George Ella Lyon, poet
artist • Ruth MacKenzie, collaborative
Markova, writer • Anne Matlack,
composer advocate • Nancy Menk,
composer advocate • Edna St. Vincent
poet • Jane Ramseyer Miller,
conductor, composer, social activist
• Joe Mish, conductor and composer
advocate • 1. David Mogre, composer

..and,some,ot, it.

Gerald Rich, poet • Cerl Sandburg, poet

WOIS o EVIC Portain Proposer and
friend • King Sigismund III, religious
reformer • Ann Silsbee, composer, poet and
friend • Simon Alexander-Adams, sounding
board, fellow creative, and awesome son
Steven Stucky, composer and teacher
Rabindranath Tagore, poet • Sister Peronne
Marie Thibert, teacher and writer • Oliver
Alexander-Adams, unconventional thinker and
light of my life • Howard Thurman, civil rights
leader and writer • Everyone whose work supports
the Association for Unitarian Universalist Music
Ministries • Charles Varney, high school choral director

and Vonhuben, illustrator and graphic designer • Nancy White, poet John Greenleaf Whittier, poet • Theodore Chickering Williams, poet • Daniel Winter, pianist and teacher • Nancy Wood, poet • Yehudi Wyner, composer and teacher

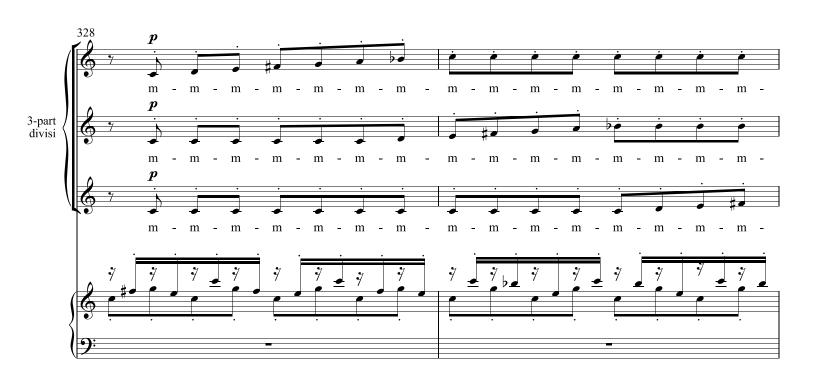
This page has been intentionally omitted. (You know why.) A complete perusal score may be purchased through any music store or dealer.

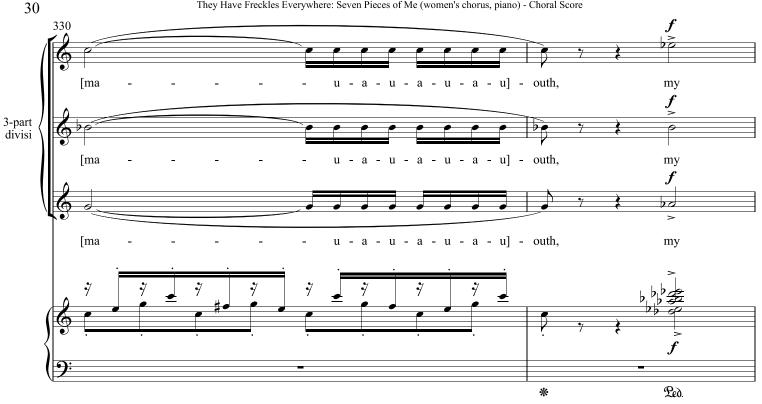
Seafarer Press

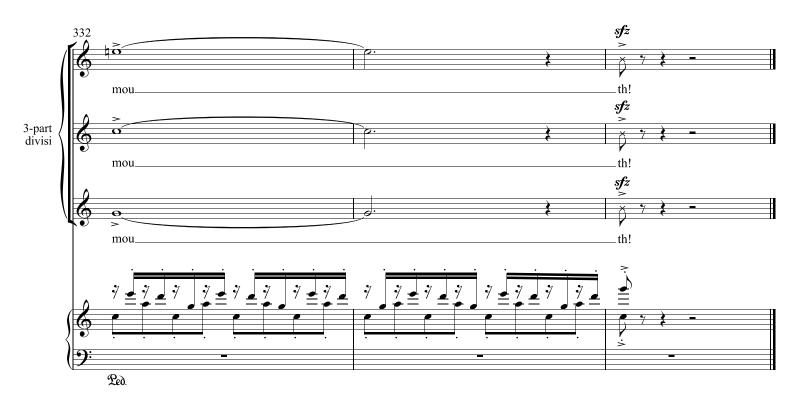
Elizabet Alexander











Composers Note: Many singers are more afraid of dipthongs than they are of global warming, a poor prioritization if you ask me. This poem is full of dipthongs, those pesky, messy American combo-vowels, and this song draws 'em out for all they're worth!

Vowels enclosed within brackets - [a], [i], [o], and [u] - are to be sung as they are in the International Phonetic Alphabet (or in Italian). These "pure" vowels are the individual components of dipthongs in words like "my," "mouth," "sound" & "soul."

"My Mouth" is as much a visual and visceral experience as it is an aural one. So don't shy away from what this piece will look like from the audience's point of view - that's part of the fun! I especially like the idea that, when experiencing a live performance of this piece, deaf audience members get to "hear" the rhythm and shape of our vowels!

## 6. My Fingers









#### A Confession from the Composer:

My fingers are short, which is why I've always disliked it when I am asked to play 10ths in one hand. (I can squeeze out a 9th on a good day.) This song is written especially for similarly-fingered pianists; while there are many musical gymastics going in the piano part, it is written entirely in a "Hanonesque" five-finger position.

### 7. My Cheeks







Dorothy Knost, piano teacher •
Music-Theater • Denise
Jonathan Machen,
vocalist • Dawna
conductor and
conductor and
Millay,

Levertov, poet • George Ella Lyon, poet
artist • Ruth MacKenzie, collaborative
Markova, writer • Anne Matlack,
composer advocate • Nancy Menk,
composer advocate • Edna St. Vincent
poet • Jane Ramseyer Miller,
conductor, composer, social activist
• Joe Mish, conductor and composer
advocate • 1. David Mogre, composer

..and,some,ot, it.

Gerald Rich, poet • Cerl Sandburg, poet

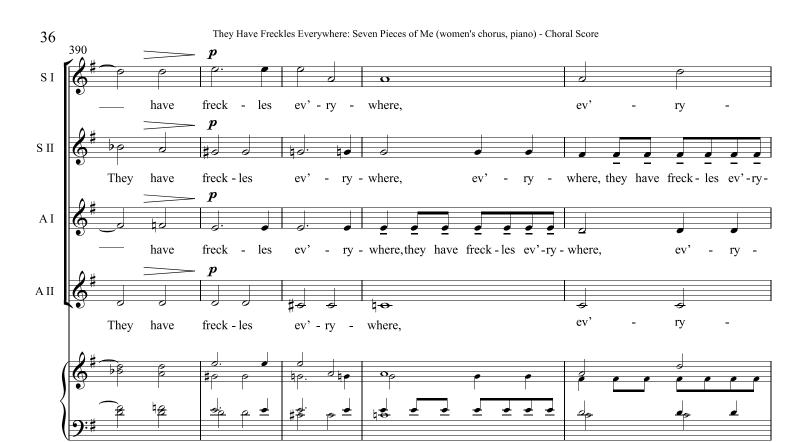
WOIS o EVIC Portain Proposer and
friend • King Sigismund III, religious
reformer • Ann Silsbee, composer, poet and
friend • Simon Alexander-Adams, sounding
board, fellow creative, and awesome son
Steven Stucky, composer and teacher
Rabindranath Tagore, poet • Sister Peronne
Marie Thibert, teacher and writer • Oliver
Alexander-Adams, unconventional thinker and
light of my life • Howard Thurman, civil rights
leader and writer • Everyone whose work supports
the Association for Unitarian Universalist Music
Ministries • Charles Varney, high school choral director

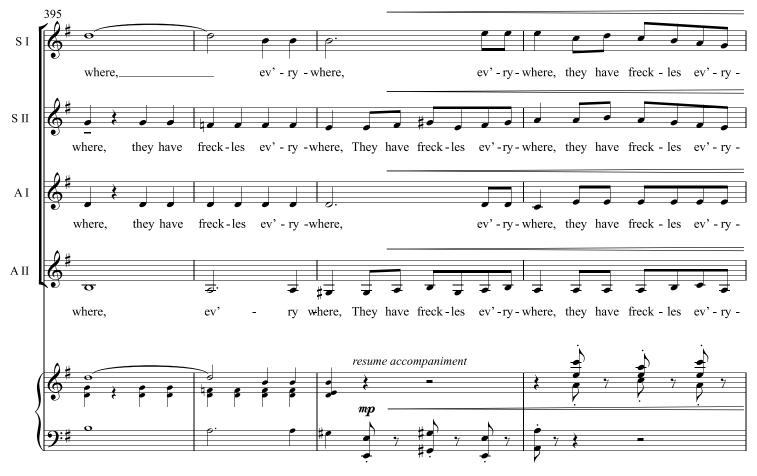
and Vonhuben, illustrator and graphic designer • Nancy White, poet John Greenleaf Whittier, poet • Theodore Chickering Williams, poet • Daniel Winter, pianist and teacher • Nancy Wood, poet • Yehudi Wyner, composer and teacher

This page has been intentionally omitted. (You know why.) A complete perusal score may be purchased through any music store or dealer.

Seafarer Press

Elizabet Alexander











<sup>\*</sup> Okay girls, get ready for one final maneuver! Puff your cheeks up with air and release the air quickly. The final consonant will probably be lost, but that's okay. The most important part of the sound is the initial release of air.

Led.

Led.

Led.

(Yes, you are being asked to have fun with your bodies!)



A Final Note from the Composer: Thank you for playing with me today. I hope you had a good time.

#### **Selected Choral Music by Elizabeth Alexander**

A Palette To Paint Us As We Are (Gerald Rich) SATB, piano • SSA, piano

**Beware the Winter Settlin' In** (Elizabeth Alexander) SATB, Celtic band, opt. unison children's choir

Blessed Be the Flower That Triumphs (Michael Boblett)
SATB a cappella • SATB, orchestra

Cherish Your Doubt (Elizabeth Alexander)
SATB, piano • SSAA, piano

Die Gedanken Sind Frei (German protest song, arr.)
SATB, piano • vocal duet, piano

Do Not Leave Your Cares at the Door (Norman Naylor)
SATB a cappella • TTBB a cappella

Even a Fist Was Once an Open Palm (Yehuda Amichai) SATB a cappella

Faith Is the bird that feels the light (Rabindranath Tagore) SSA a cappella • SATB a cappella

Fighting Over What We Believe (Elizabeth Alexander)
SATB, soloists, piano • SSA, soloists, piano

Finally On My Way To Yes (Pesha Gertler) SSATB, piano

Folks, I'm Telling You (Langston Hughes) SSATB, piano

**Get Curious** (Elizabeth Alexander) SSAA a cappella

> **Glen Song** (Scott Bates) SSATB, piano

**Grace** (Elizabeth Alexander) SATB, piano • SSA, piano

**Handles** (Elizabeth Alexander) SSA, piano

How To Sing Like a Planet (Elizabeth Alexander) SATB, piano • TBB, piano

If You Can Walk You Can Dance (Zimbabwean Proverb)
SAB, piano, claves • TBB, piano, claves
SSA, piano, claves • SATB, piano, claves

Immortal Love (John Greenleaf Whittier) SATB a cappella

Infant Holy, Infant Lowly (Polish carol, arr.) SSA a cappella

> **Jump!** (Ray Bradbury) SSA, piano • SSA, string quartet

**Kindling** (Elizabeth Alexander) SATB, piano • SATB, chamber ensemble

**Let it Matter** (Elizabeth Alexander) SSA, piano • SATB, piano

**Like a Leaf** (Wendell Berry) SATB, piano

No Other People's Children (Elizabeth Alexander) 1-4 part choir, soloist, piano

> ...or a musician (Philip Dacey) SATB, orchestra

A Palette To Paint Us As We Are (Gerald Rich) SA, piano • SATB, piano

Praise Wet Snow Falling Early (Denise Levertov) SATB, piano

Reasons for the Perpetuation of Slavery (Alexander) SSAA a cappella

> Same Birds (David Allen Evans) SATB a cappella

Sing Me Awake (Gregory Orr)
SATB, piano, string quartet • SATB, piano, string orchestra

**Song of Kabir** (Kabir) SATB a cappella

**The Gate is Open** (Sister Peronne Marie Thibert) SATB a cappella

**They Have Freckles Everywhere** (Elizabeth Alexander) SSAA, piano

**To Make a Prairie** (Emily Dickinson) SSA, piano

**We Give Thanks for Being** (Traditional) 1-4 part choir, piano

**We Lift Up Our Hearts** (Richard Fewkes) Unison children's choir, SATB, piano

We Remember Them (Sylvan Kamens, Jack Riemer) SATB, piano

Where there Is Light in the Soul (Chinese proverb)
SAB a cappella • SATB a cappella
SSA a cappella • TBB a cappella

When the Song of the Angels Is Stilled (Howard Thurman)
SATB a cappella • TTBB a cappella
SSAA a cappella • SATB, flute

Why I Pity the Woman Who Never Spills (Joan Prefontaine) SSAA a cappella