

How to Triumph Like a Girl
GP - T018.1
SSA, piano

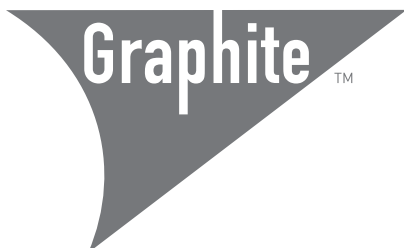
Timothy C. Takach

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Timothy C. Takach

How to Triumph Like a Girl

for SSA choir and piano



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Text:

I like the lady horses best,
how they make it all look easy,
like running 40 miles per hour is as fun as
taking a nap, or grass.
I like their lady horse swagger, after winning.
Ears up, girls, ears up!

But mainly, let's be honest,
I like that they're ladies.
As if this big dangerous animal is also a part of me,
that somewhere inside the delicate skin of my body,
there pumps an 8-pound female horse heart,
giant with power, heavy with blood.

Don't you want to believe it?
Don't you want to tug my shirt and see
the huge beating genius machine that thinks,
no, it knows, it's going to come in first.

- *Ada Limón*

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Strong ♩ = 60

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5 *mf*

S 1 I like the la - dy hors - es _____ best, _____ how they make it all look eas - y, _____

S 2 *mf* I like the la - dy hors - es _____ best, _____ how they make it all look eas - y, _____

A *mf* I like the la - dy hors - es _____ best, _____ how they make it all look eas - y, _____

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For questions about this piece and to report performances, contact
Timothy C. Takach at tim@timothyctakach.com.

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8 *f* *mf*

S 1 like run-ning for - ty miles per hour — is as

S 2 *f* *mf* like run-ning for - ty miles per hour — is as

A *f* *mf* like run-ning for - ty miles per hour — is as

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10 *f* *mf* *sinuous*

S 1 fun as tak-ing a nap, or grass. I like their la-dy horse

S 2 *f* *mf* fun as tak-ing a nap, or grass. I like their la-dy horse

A *f* *mf* fun as tak-ing a nap, or grass. I like their la-dy horse

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13

S 1 *f* Ears up, girls, — ears up!

S 2 *f* swag-ger, — af-ter win-ning. Ears up, girls, — ears up!

A *f* Ears up, girls, — ears up!

f

With Movement ♩ = 72

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17

mp *mf* *p* *f*

20

A *mp* *p* *f* *p* *mp* *p*

But

23

p

main - ly, let's be hon - est, I

p

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25

rit. *a tempo*

mp

S 1 As if this big dan-ger-ous an-i-mal is

mp

S 2 As if this big dan-ger-ous an-i-mal is

mp

A like that they're la - dies. As if this big dan-ger-ous an-i-mal is

pp

p

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28 *mf*

S 1 al - so a part of me, that some-where in - side the del-i-cate skin of my

S 2 al - so a part of me, that some-where in - side the del-i-cate skin of my

A al - so a part of me, that some-where in - side the del-i-cate skin of my

mf

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Tempo I ♩ = 63-72

30 *f* *mf*

S 1 bod - y, there pumps an 8 - pound fe - male horse heart, gi - ant with

S 2 bod - y, there pumps an 8 - pound fe - male horse heart, gi - ant with

A bod - y, there pumps an 8 - pound fe - male horse heart, gi - ant with

f *mf*

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33

S 1 pow - er, heav - y with blood. Don't you want to be -

S 2 pow - er, heav - y with blood. Don't you want to be -

A pow - er, heav - y with blood. Don't you want to be -

Graphite TM

notable elevated.

f

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36

S 1 lieve it? Don't you want to tug my shirt and

S 2 lieve it? Don't you want to tug my shirt and

A lieve it? Don't you want to tug my shirt and

Graphite TM

notable elevated.

f

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39 *mf*

S 1 see the huge beat - ing gen - ius ma - chine that

S 2 *mf* see the huge beat - ing gen - ius ma - chine that

A *mf* see the huge beat - ing gen - ius ma - chine that

L.H. *mp* *mf*

Graphite TM

Strong ♩ = 60

42 *f* *ff*

S 1 thinks, no, it knows, it's going to come in first. Come in first.

S 2 *f* *ff* thinks, no, it knows, it's going to come in first. Come in first.

A *f* *ff* thinks, no, it knows, it's going to come in first. Come in first.

f *ff*

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Timothy C. Takach



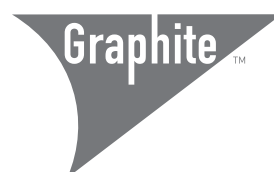
Inspired by captivating narrative, speculative fiction and making better humans through art, the music of Timothy C. Takach is a mainstay in the concert world. Applauded for his melodic lines, thoughtful text choices and rich, intriguing harmonies, Takach has received commissions and performances from GRAMMY Award-winning ensembles Roomful of Teeth and the St. Paul Chamber Orchestra, Santa Fe Desert Chorale, the St. Olaf Band, Cantus, U.S. Army Field Band and Soldiers' Chorus, Lorelei Ensemble, VocalEssence, the DeBartolo Performing Arts Center, The Rose Ensemble, and numerous other organizations. His compositions have been performed on A Prairie Home Companion, The Boston Pops holiday tour, PBS, many All-State and festival programs and at venues such as the Library of Congress, Kennedy Center and Royal Opera House Muscat. He is a co-creator of the theatrical production of *All is Calm: the Christmas Truce of 1914*, by Peter Rothstein. Takach has been Composer in Residence for the Texas Boys Choir, The Singers – Minnesota Choral Artists, and True Concord Voices and Orchestra.

Takach's a cappella choral symphony Helios is "larger than life, as if the piece were accompanied by an orchestra" and is "complemented with brilliant visuals created by CandyStations" (Tucson.com). In 2023 his ballet *Unfashioned Creature* was premiered in St. Paul, MN by the James Sewell Ballet. Takach was a co-founder, singer and Artistic Co-Director of the vocal ensemble Cantus and has frequent national work as a composer-in-residence, presenter, clinician and lecturer. He lives in Minneapolis with his wife and two sons.

Other works for treble voices from Graphite:

| | | | |
|-----------------------|-----------|--|---|
| Eric William Barnum | GP-B012 | Spark | SSAA (div), a cappella |
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| B.E. Boykin | GP-B019 | Stardust | SSA, piano, djembe |
| B.E. Boykin | GP-B020 | O Magnum Mysterium | SSAA a cappella |
| B.E. Boykin | GP-B021 | Ave Maria | SSAA a cappella |
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| Jennifer Lucy Cook | GP-C010 | Over and Over | SSAA with TBB and/or synth |
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| Martha Hill Duncan | GP-D022 | Step to the Fiddle | 2-part treble, piano |
| Jocelyn Hagen | GP-H011 | I Started Out Singing | 3-part treble, piano |
| Jocelyn Hagen | GP-H009 | Ave Maris Stella | SSSSAA, a cappella |
| Jocelyn Hagen | GP-H017 | Starting Now | SSAA, piano |
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| Paul John Rudoj | GP-R013.1 | Gamaya | equal voices, opt. djembe |
| Paul John Rudoj | GP-R017.1 | If I Were a Dog | SSA, piano |
| Paul John Rudoj | GP-R020.1 | Two Old Crows | SSA, piano, violin |
| Timothy C. Takach | GP-T015 | She Tore a Map | SA, piano |
| Timothy C. Takach | GP-T018.1 | Mantra | SSA, piano |
| Timothy C. Takach | GP-T024 | She Does Not Let Go | 2-part treble, piano |
| Timothy C. Takach | GP-T025.5 | Outshine | SA, piano |
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| Ellen Gilson Voth | GP-V003.4 | Standing Tall | SSAA, piano |
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