

Blow, Blow, thou Winter Wind  
SSA, percussion  
JH - GRL06

Jennifer Lucy Cook

pdf - \$1.95  
printed - \$3.25

# Blow, Blow, thou Winter Wind

## Jennifer Lucy Cook

for SSA choir, tambourine & hand drum



COMPOSE  
LIKE A GIRL

Illustration: KT Thompson

*jh* music

## Text:

Blow, blow, thou winter wind,  
Thou art not so unkind  
As man's ingratitude;

Thy tooth is not so keen,  
Because thou art not seen,  
Although thy breath be rude.

Heigh-ho! sing, heigh-ho! unto the green holly:  
Most friendship is feigning, most loving mere folly:  
Then, heigh-ho, the holly!  
This life is most jolly.

Freeze, freeze, thou bitter sky,  
That dost not bite so nigh  
As benefits forgot:

Though thou the waters warp,  
Thy sting is not so sharp  
As friend remembered not.

Heigh-ho! sing, heigh-ho! unto the green holly:  
Most friendship is feigning, most loving mere folly:  
Then, heigh-ho, the holly!  
This life is most jolly.

- William Shakespeare, from *As You Like It*

## From the Composer:

In this text, an excerpt from *As You Like It*, "Heigh ho, sing heigh ho!" is a celebration with an undercurrent of bitterness. When ingratitude and feigned friendship stings more than the winter wind, you need music that you can still dance to without ignoring the truth at the heart of the matter! It's a sort of "haters gonna hate, I'm just gonna shake it off" anthem, except unlike Taylor Swift's pop song, this is a modern take on a medieval folk dance. The tune feels to me like something that could have been sung in Shakespeare's time to celebrate the winter solstice, while the wind-like aleatoric sections bookend it, as though blowing away the old year and hastening in the new one.

- Jennifer Lucy Cook

Dear conductor,

You can support these composers, diversify your concerts, and push towards equality by programming music from the #ComposeLikeAGirl series. Inviting the composer into the rehearsal process through a zoom or in-person workshop or Q & A session is an incredible experience for all involved. Be sure to notify and invite the composer to any performances of the work, and submit a PDF of the concert program to JH Music to ensure the composer receives performances royalties from ASCAP. Thank you!

~ Jocelyn Hagen



**Jennifer Lucy Cook** is a composer and lyricist based in Los Angeles. Jen specializes in musical comedy for the stage and screen, progressive choral music, and pop songwriting. Recent choral commissions include Cantorum Chamber Choir, Opus Vocal Ensemble, and the UVU Chamber Choir. She is the recipient of the 2022 Chorus Austin Composition prize and the 2022 Cantus Emerging Composer Award. Her theater commissions include Full House Theatre Co., British Youth Musical Theatre, and Shakespeare's Globe Theatre in London, and her musical recaps of the Bachelor recently went viral on TikTok. She is currently developing multiple musical projects, including the stage shows *Aurora* and *Salem* and an upcoming streaming musical series.

Despite writing music in such a wide range of genres, Jen's music is united by a keen love for storytelling with song. She prioritizes specific, highly emotional lyrics, melodic earworms, and infectious rhythmic grooves, and conceives of every piece from a dramatic, narrative-driven perspective. She earned a Master's degree in Musical Theater Writing from Goldsmiths University in London and a Bachelor's in Media Music from Brigham Young University. Jen is mentored by renowned composer Eric Whitacre.



# Blow, Blow, thou Winter Wind

SSA choir with SS soli, tambourine, wind chimes, and hand drum

William Shakespeare

Jennifer Lucy Cook

*Senza misura* c. 15-20 seconds \*

**Do not photocopy. For perusal only.**

**Soprano 1** *p* Blow, blow thou win ter wind, *solo* blow

**Soprano 2** *p* Blow, blow thou win - ter wind, blow

**Alto** *p* Blow, blow thou win - ter wind, blow

**Piano** *p* (for rehearsal only)

**Percussion** Wind Chimes *mp*

Medieval folk (changing meter feel) ♩ = 98

**4 tutti mf**

**S** Blow, blow, thou win - ter wind, Thou art not so un-kind As man's in - gra - ti-tude; —  
Freeze, freeze, thou bit - ter sky, Thou dost not bite so nigh as be - ne - fits for got: —

**A** *mf* Blow, blow, thou win - ter wind, Thou art not so un-kind Blow, blow,  
Freeze, freeze, thou bit - ter sky, Thou dost not bite so nigh Freeze, freeze,

**4 mf**

(All percussion play on the second repeat only)

**Tambourine**

**Hand Drum**

**Do not photocopy. For perusal only.**

\*singers begin together, singing the phrase in their own rhythm repeatedly until soprano solo signals to hold



jh music

© 2022 JH Music. All Rights Reserved.

Support Compose Like a Girl on Patreon! Become a subscriber and all donations will go to mentorship, engraving, editing, content creation, and advertising to support these amazing women composers.



10

S

blow, blow, thou win - ter wind, Thou art not  
freeze, freeze, thou bit - ter sky, Thou dost not

A

blow, blow, thou win - ter wind. Blow, blow thou win - ter wind, Thou art not  
freeze, freeze, thou bit - ter sky, Freeze, freeze, thou bit - ter sky, Thou dost not

10

For perusal only.

15

S

so un-kind As man's in - gra - ti-tude; Thy  
bite so nigh as be - ne - fits for-got: Though

A

so un-kind Blow, blow, blow, blow, thou win - ter wind. Thy  
bite so nigh Freeze, freeze, freeze, freeze, thou bit - ter sky. Though

15

rit.

p

Do not photocopy.  
For perusal only.

*A little slower**legato*

20

S

tooth is not so keen Be - cause thou art not seen, Al - though thy breath be rude.  
thou the wat - ers warp, Thy sting is not so sharp As friend re - mem - ber'd not.

A

tooth is not so keen Be - cause thou art not seen, Al - though thy breath be rude.  
thou the wat - ers warp, Thy sting is not so sharp As friend re - mem - ber'd not.

20

For perusal only.

Wind Chimes

joce lyn chagen

23

*Tempo primo*

*ff*

S1

Heigh - ho! Sing heigh - ho! un - to the green hol - ly: Most friend - ship is feign - ing,

*ff*

S2

Heigh - ho! Sing heigh - ho! un - to the green hol - ly: Most friend - ship is feign - ing,

*ff*

A

Heigh - ho! Sing heigh - ho! un - to the green hol - ly: Most friend - ship is feign - ing,

23

Do not photocopy.  
For perusal only.

Tambourine

Hand Drum

*f*

26

S1  
most lov - ing mere fol - ly: Heigh - ho! Sing heigh - ho! un - to the green hol - ly: Most friend - ship is feign - ing,

S2  
most lov - ing mere fol - ly: Heigh - ho! Sing heigh - ho! un - to the green hol - ly: Most friend - ship is feign - ing,

A  
most lov - ing mere fol - ly: Heigh - ho! Sing heigh - ho! un - to the green hol - ly: Most friend - ship is feign - ing,

26

jocelyn hagen

30

S1  
most lov - ing mere fol - ly: Then, heigh - ho! the hol - ly! Heigh - ho! the hol - ly! This life is most

S2  
most lov - ing mere fol - ly: Then, heigh - ho! the hol - ly! Heigh - ho! the hol - ly! This life is most

A  
most lov - ing mere fol - ly: Then, heigh - ho! the hol - ly! Heigh - ho! the hol - ly! This life is most

30

Do not photocopy.  
For perusal only.

34 *f*

S1 jol - ly.

S2 jol - ly.

A jol - ly.

34 *f*

Tambourine

*f* Hand Drum

39 2. *ff*

Solo

Oo

S1 *ff*

Most friend-ship is feign-ing, most lov-ing mere fol-ly: Heigh-ho! Singheigh-ho! un-to the green hol-ly:

S2 *ff*

Most friend-ship is feign-ing, most lov-ing mere fol-ly: Heigh-ho! Singheigh-ho! un-to the green hol-ly:

A *ff*

Most friend-ship is feign-ing, most lov-ing mere fol-ly: Heigh-ho! Singheigh-ho! un-to the green hol-ly:

39 *ff*

Tambourine

Hand Drum

43

Solo

oo

Oo

+ solo 2

S1

S2

A

Most friend-ship is feign-ing, most lov-ing mere fol - ly: Heigh - ho! Sing heigh - ho!

Most friend-ship is feign-ing, most lov-ing mere fol - ly: Heigh - ho! Sing heigh - ho!

Most friend-ship is feign-ing, most lov-ing mere fol - ly: Heigh - ho! Sing heigh - ho!

43

Solo

oo

S1

S2

A

un - to the green hol - ly: Most friend-ship is feign - ing, most lov-ing mere fol - ly: Then,

un - to the green hol - ly: Most friend-ship is feign - ing, most lov-ing mere fol - ly: Then,

un - to the green hol - ly: Most friend-ship is feign - ing, most lov-ing mere fol - ly: Then,

46

Solo

oo

S1

S2

A

un - to the green hol - ly: Most friend-ship is feign - ing, most lov-ing mere fol - ly: Then,

un - to the green hol - ly: Most friend-ship is feign - ing, most lov-ing mere fol - ly: Then,

un - to the green hol - ly: Most friend-ship is feign - ing, most lov-ing mere fol - ly: Then,

46

6



49

S1 heigh - ho! the hol - ly! Heigh - ho! the hol - ly! This life is most jol - ly.

S2 heigh - ho! the hol - ly! Heigh - ho! the hol - ly! This life is most jol - ly.

A heigh - ho! the hol - ly! Heigh - ho! the hol - ly! This life is most jol - ly.

49

sub. *p*

sub. *p*

sub. *p*

sub. *p*

jo c e l y n h a g e n

c. 15-20 seconds \*

53

S1 *mp* Blow, blow thou win - ter wind, *f*

S2 *mp* Blow, blow thou win - ter wind, *f*

A *mp* Blow, blow thou win - ter wind, *f*

53

*mp*

Wind Chimes

Do not photocopy.  
For perusal only.

\*singers begin together, singing the phrase in their own rhythm repeatedly until soprano solo signals to hold

# Another great piece from the Compose Like a Girl Choral Series

JH-GRL04

pdf download \$1.95

*Created with joy in a collaborative composing workshop with  
The West Vancouver Schools' Senior Treble Honour Choir,  
West Vancouver, British Columbia, Director, Suzanne Fulton*

*for all of the singers and directors affected by Covid-19*

## Do not photocopy. For perusal only.

# Looking for Light

for SSA choir and piano

Words and Music by  
Sherry Blevins,  
West Vancouver Schools' Senior Treble  
Honour Choir, and Erin White  
Piano arrangement by Mark Alan Burleson

**Andante** ♩ = 82

**rall.**

Piano

*mp*

*continue pedaling harmonically throughout*

**a tempo**

**rall.**

5

**a tempo**

**rall.**

10

Unison

Tir-ed of try - ing, — lost in the dark, — the weight of the world — on our shoul - ders.



music

© 2022 JH Music. All Rights Reserved.

Support Compose Like a Girl on Patreon! Become a subscriber and all donations will go to mentorship, engraving, editing, content creation, and advertising to support these amazing women composers.



# Another great piece from the Compose Like a Girl Choral Series

Sherry Blevins

Looking for Light

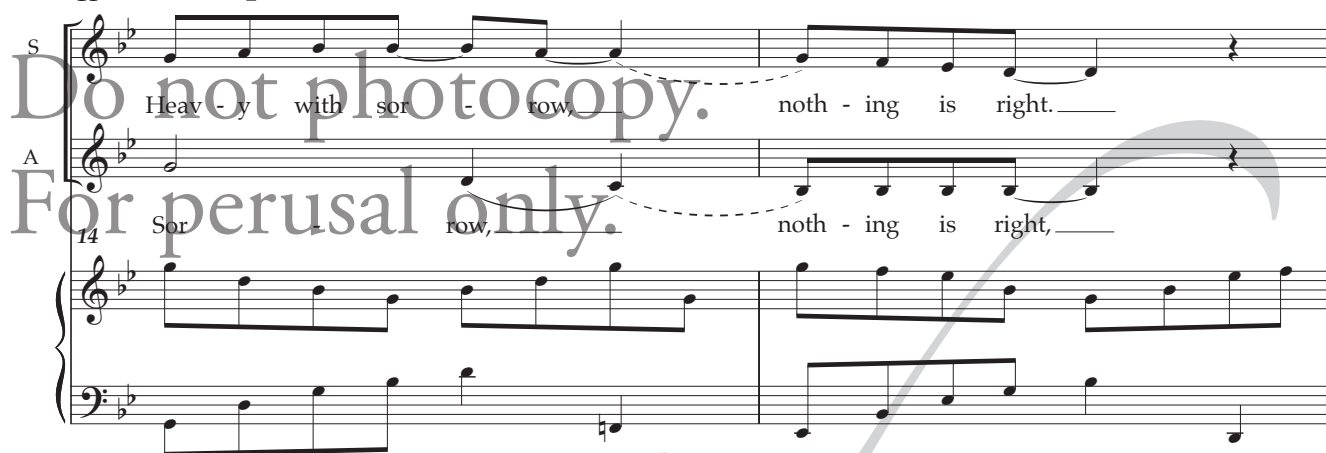
JH-GRL04

14 **a tempo**

Do not photocopy.  
For perusal only.

S Heav - y with sor - row, noth - ing is right. —

A Sor - row, noth - ing is right, —



16

**rall.**

S Look - ing for light — in the sha - dows.

A oh. —

8va —



19 **a tempo**

S1 Search - ing for mean - ing; — won - der - ing why — Why is the night — so per - sis -

S2 Search - ing, won - der - ing why — Why is the night — so per - sis -

A Search - ing, — won - der - ing why Ah

19 **mp**

Do not photocopy.  
For perusal only.



# COMPOSE LIKE A GIRL



## Support Compose Like a Girl on Patreon!

Become a subscriber and all donations will go to mentorship, engraving, editing, content creation, and advertising to support these amazing women composers. For many of the women featured in this series, these pieces are their first published works. Podcast coming soon!



## Other works on the Compose Like a Girl Series:

JH-GRL01	Jocelyn Hagen	Standing Side by Side	SATB div. choir, piano
JH-GRL02	Suzy Johnson	A Respectable Bird	3-part treble choir, B $\flat$ clarinet, piano
JH-GRL03	Liv Grace	Hear Me Roar	SSAA a cappella choir
JH-GRL04	Sherry Blevins	Looking for Light	SSA choir, piano
JH-GRL05	Sherry Blevins	If I Call to You, My Love	SSAT div., solo, a cappella choir
JH-GRL06	Jennifer Lucy Cook	Blow, Blow, Thou Winter Wind	SSA choir, tamb., hand drum
JH-GRL07	Patti Arntz	A Quilt of Snow (arr. of Norwegian folk tune)	2-part treble, flute, piano
JH-GRL08	Grace Becker	Known	SATB choir, soloist, piano
JH-GRL09	Amelia Ouversen	A Departing Blessing	SATB choir, C instrument
JH-GRL10	B.E. Boykin	The Star-Spangled Banner (arr.)	SSAA a cappella choir
JH-GRL11	Grace Brigham	Love Isn't Static	round for equal voices
JH-GRL12	Grace Brigham	Life Has a Loveliness	SATB div. choir, piano
JH-GRL13	Mary Montgomery Koppel	The Last Invocation	SATB div. choir, piano
JH-GRL14	Erika Malpass	meditation on a winter palette	SSAA a cappella choir
JH-GRL15	Lucy Walker	Today	SATB div. a cappella choir
JH-GRL16	Anna Vtipil	Aurora	SSAA div. a cappella choir
JH-GRL17	Johanna Malmberg	Vanheim	SSSAATTBB a cappella choir
JH-GRL18	Ellen Voth	The Harbor and the Sea	SSAA, piano
JH-GRL18.1	Ellen Voth	The Harbor and the Sea	SSAA, piano, B $\flat$ clarinet



LET THE WORLD KNOW

## #ComposeLikeAGirl

The Compose Like A Girl Choral Series seeks to empower composers who identify as women through mentorship, editorial direction, publication, and promotion. Compose Like A Girl titles are selected by Jocelyn Hagen, published through JH Music, and distributed by Graphite Publishing. Composers in the series receive a 50% royalty on the sale of each copy.